

# Food Preparation & Nutrition

**Course Type:** GCSE

**Course Leader:** Ms Frith-Clarkson

**Topics covered:**

- **Food science**
- **Food preparation skills**
- **Food, nutrient and health**
- **Food safety**

This course is delivered over two years, with the majority of key learning being covered within the first year of the course.

**How is this subject examined:**

50% Non exam assesment & 50% examination:

Task 1: Food investigation task (15% - 10 hours) Task set by the exam board

Task 2: Food preparation task (35%) 3 main dishes to be planned, prepared, cooked and presented in 3 hours. Task set by the exam board.

50% examination paper: A 1hr 45mins exam based on the theory of the topics covered in class which will be taken at the end of Year 11.

**Career Opportunities:**

Nutritionist - Medical professions - Hospitality - Chef.

