

Food Preparation & Nutrition

Course Type: GCSE

Course Leader: Ms Frith-Clarkson

Topics covered:

- **Food science**
- **Food preparation skills**
- **Food, nutrient and health**
- **Food safety**

This course is delivered over two years, with the majority of key learning being covered within the first year of the course.

How is this subject examined:

50% Non exam assesment & 50% examination:

Task 1: Food investigation task (15% - 10 hours) Task set by the exam board

Task 2: Food preparation task (35%) 3 main dishes to be planned, prepared, cooked and presented in 3 hours. Task set by the exam board.

50% examination paper: A 1hr 45mins exam based on the theory of the topics covered in class which will be taken at the end of Year 11.

Career Opportunities:

Nutritionist - Medical professions - Hospitality - Chef.

