

PSHE – Year 10

Our inclusive curriculum deepens pupils understanding of our three key areas of study: Personal Wellbeing, Living in the Wider World and Relationships and Diversity. All students continue to engage with the Fundamental British Values, the Protected Characteristics and other key concepts to ensure that they have the knowledge and skills to not only contribute positively to society but prepare them to make a difference in society and the world we live in.

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Knowledge & Skills	<p>Personal Wellbeing (6 Lessons)</p> <p>Promoting positive mental health, mental health in the media and accessing support.</p> <p>Skills: Teamwork, Discussion, Debate, Decision Making.</p>	<p>Living in the Wider World: Careers (7 Lessons)</p> <p>The impact of financial decisions, debt, gambling and the impact of advertising on financial choices.</p> <p>Skills: Decision Making, Questioning, Discussion.</p>	<p>Relationships and Diversity (6 Lessons)</p> <p>Inclusion and diversity, influences in the media, challenging discrimination and responding to radicalisation.</p> <p>Skills: Discussion, Questioning, Coping Strategies.</p>	<p>Emotional Wellbeing (6 Lessons)</p> <p>Mental and ill health, suicide and managing bereavement.</p> <p>Skills: Discussion, Questioning, Coping Strategies.</p>	<p>Healthy Relationships (6 Lessons)</p> <p>Relationship values, consent and rape, pornography and body shaming. How to safely and effectively use contraception.</p> <p>Skills: Discussion, Debate, Questioning, Decision Making.</p>	<p>Living in the Wider World: Finance (7 Lessons)</p> <p>Opportunities in STEM careers, what employers are looking for online and responsibilities in the workplace. CV Writing, interview technique and preparation for Careers Week.</p> <p>Skills: Decision Making, Teamwork, Questioning.</p>
Beyond The Curriculum	<p>Time for a video? Watch these clips on BBC Class Clips about positive mental health and mental health in the media.</p> <p>Positive Mental Health</p>		<p>Diversity in Literature – Why not visit the library and choose a book that explores the themes of diversity and challenging discrimination. “<i>The Hate You Give</i>” by Angie Thomas.</p>	<p>Time for a video? Watch these clips on the importance of talking and dealing with depression. Time to talk about... depression, Roman Kemp</p> <p>Website: This website has lots of information and support for children dealing with bereavement. Child Bereavement UK</p>	<p>Time for a video? Watch these clips on BBC Class Clips about body image. PSHE KS3 & GCSE: Body Matters - BBC Teach</p> <p>Your Body, Your Image - BBC Teach</p>	<p>Enrichment Clubs: Come and join our RSA Business Mentoring Club where you’ll get advice from RSA about CV Writing, Interview Skills as well as your career options.</p>