





**WEEK 1**

# LUNCH MENU

**REPRESENT**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>MAIN MEAL</b>	Mac & Cheese topped with Homemade Slow Roasted 'Kansas Style' BBQ Pulled Pork <b>OR</b> Mac & Cheese topped with (Nut Free) Pesto Crumb	Traditional Katsu Chicken on Rice, Soft Naan Bread and Assorted Salad <b>OR</b> Katsu Quorn Curry with Rice, Soft Naan Bread & Assorted Salad	'Classic' Italian Beef Lasagne with 'Cheesy Balsamic Garlic Bread' <b>OR</b> Mediterranean Roasted Vegetable & Sunblushed Tomato Lasagne with 'Cheesy Balsamic Garlic Bread'	Premium Butchers Pork 'Bangers & Creamy Mash', Garden peas with Gravy <b>OR</b> Quorn 'Bangers & Mash' with Creamy Mash, Garden peas with Gravy	<b>Homemade Pizza's with the following toppings:</b> Margherita, Pepperoni, BBQ Chicken & Red Onion
 <b>GRAB &amp; GO</b> (Street Style foods from around the world, that are easy to eat on the go)	Chicken Gyros with Garlic Mayo, Fries, Greek Salad in a soft folded flatbread	'Healthy' CheeseBurger' Taco' Burrito, with Wedges	South American Chicken Quesadilla in a Tomato Tortilla Wrap	'Skin On' Oven Baked Fries topped with Salt & Pepper Shredded Chicken, Garlic Mayo, BBQ & Nacho Cheese Sauce with Crispy Onions <b>OR</b> Katsu 'Skin On' Oven Baked Fries with Grated Cheese Crispy Onions, Sliced Red Chilli & Spring Onions	Crispy Chicken Tenders in a freshly baked warm Baguette with a choice of sauces & assorted salads
 <b>EXPRESS ONE POT</b> (Pasta, Nachos, Rice, Noodles, Giant Wedges)	Teriyaki Chicken & 'Charred' Veg with Noodles <b>OR</b> Quorn Chinese Style Curry with Noodles	<b>Giant Oven Roasted Wedges with the following toppings:</b> Korean BBQ Beef, Smokey Chipotle Chicken, Moroccan Chickpea & Sunriped Tomato Or Simply Grated Cheddar & Garlic Mayo	Kerala (South West Indian) Chicken Curry & Rice <b>OR</b> Punjabi Butterly Vegetable Makhani Curry & Rice	Nachos served with Street Kitchen style Shredded Chilli Beef <b>OR</b> Nachos served with Vegetable Tikka (All available with Salsa, Soured Cream & Grated Cheddar)	Pasta Served with Italian Meatballs in Tomato Sauce <b>OR</b> Pomodoro Tomato Sauce (Both available with Grated Cheddar)
 <b>DELI BAR OPTION</b> (Oven Baked Jacket Potato or Hot plain Pasta with assorted toppings & Salads, Slaws or Assorted Chilled Pasta Pots)	Jacket Potato with Assorted Salad, Coleslaw and topped with either Baked Beans, Cheese, Tuna Mayo plus special topping: <b>Curried Baked Beans &amp; Chilli Cheese</b> (plus <b>Guest</b> filling of the day)	Jacket Potato with Assorted Salad, Coleslaw and topped with either Baked Beans, Cheese, Tuna Mayo plus special topping: <b>'Mexi' Tuna Mayo with Nachos, Jalapeno &amp; Grated Cheddar</b> (plus <b>Guest</b> filling of the day)	Jacket Potato with Assorted Salad, Coleslaw and topped with either Baked Beans, Cheese, Tuna Mayo plus special topping: <b>Piri Piri Chicken Mayo</b> (plus <b>Guest</b> filling of the day)	Jacket Potato with Assorted Salad, Coleslaw and topped with either Baked Beans, Cheese, Tuna Mayo plus special topping: <b>Tikka Chicken Mayo</b> (plus <b>Guest</b> filling of the day)	Jacket Potato with Assorted Salad, Coleslaw and topped with either Baked Beans, Cheese, Tuna Mayo plus special topping: <b>Beef Chilli &amp; Grated Cheddar</b> (plus <b>Guest</b> filling of the day)

**EVERY DAY THERE WILL BE ONE OF THE FOLLOWING 'SLAWS' AVAILABLE & STUDENTS CAN HAVE AS MUCH AS THEY LIKE WITH A MEAL**  
 Creamy Coleslaw, Pink Pickled Slaw, Sriracha Slaw, Cheesy Slaw, Mild Curry Slaw, Greek Slaw, Thai Mango, Mexican Street Corn Slaw

**EVERY DAY THERE WILL BE ONE OF THE FOLLOWING 'SALADS' AVAILABLE & STUDENTS CAN HAVE AS MUCH AS THEY LIKE WITH A MEAL**  
 Mixed Assorted Salad, Mexican Rice Salad, Potato Salad, Pasta Salad, Thai Noodle Salad